



Meditative Adornment

A Textile Maker's Bali Retreat

Taman Bebek Resort, Ubud

30 July - 6 August 2016

Come relax, create and enjoy a textile maker's retreat to Bali. Nancy Ballesteros of *Treetops Colour Harmonies* and Nicole Lawrence of *Soulful Escapes to Bali* have combined their talents to lead a 7 day retreat for textile creatives. Nicole made Bali her home for many years and speaks fluent Indonesian. With the help of her local Balinese family friends, she will show us a side of Bali that most tourists are unlikely to encounter. Nancy runs an international textile business; she will be sharing her creative passion for nuno felted adornment for the body.

Each day, after a delicious Balinese breakfast, your mornings will be filled with rich Balinese experiences. Special classes have been arranged at a local silver smithing studio and with a traditional Batik artist to create your own Indigo dyed cloth. We will partake in traditional Balinese offering making, dancing and music in Nicole's local village and take a blissful walk along a ridge to visit a local ornate temple. Of course, we have set aside a free day to do whatever you like. Maybe shopping for exotic beads in Ubud or visit

a local healer, maybe simply relaxing by the pool or enjoying a traditional Balinese massage, it's up to you.

We will come together in the afternoons in a lovely open-air studio for the day's creative meditation. Nancy will share her techniques for creating Nuno felted beads. Inspiring fabrics will be felted and hand stitched into unique pieces of adornment. You are welcome to continue stitching and creating into the evening.

The retreat will be held at the Taman Bebek Resort, a special place in which to soak in the beauty of the Balinese countryside and it's culture. The resort is located in lush tropical gardens with two swimming pools positioned on a ridge just outside Ubud.

The spacious Bali-Modern and Colonial-Classic cottages and villas are intended for those who appreciate nature and enjoy being surrounded the by the sights and sounds of a traditional Balinese landscape.

Come join our adventure in Meditative Adornment Balinese style...

Places limited to 12, so don't delay. Further information download our PDF: www.treetopscolours.com.au/more-felting-info-and-supplies/workshop.html .

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Nicole Lawrence, *Soulful Escapes to Bali*, nipabese@hotmail.com





What's included

- 7 nights' accommodation in the luxurious Taman Bebek Resort, Ubud
- daily breakfasts and afternoon teas
- welcome drink and special welcome dinner including a traditional Balinese dance performance
- enjoy a complimentary relaxing Balinese massage
- take a blissful walk along ridge overlooking two river gorges to an ornate temple
- spend the morning learning traditional Balinese offering making, music and dance in Nicole's local village compound
- spend the morning learning jewellery making in a local silversmith studio
- spend the morning learning traditional batik and indigo dye techniques
- spend the morning visiting a few of Nicole's favourite local textile & bead shops in Ubud
- free day for to do as you wish. Make an appointment to see a healer, arrange a day trip of your own choosing, maybe shopping in Ubud...

- daily afternoon meditations spent with Nancy learning nuno felting and creative adornment techniques. Felting equipment, wool and fabrics supplied (bring your own haberdashery)
- materials made available for you to craft whenever you like
- evenings free to stitch, create and relax

What's not included

- flights
- travel to/from the airport (we can arrange for approx. AUD\$30 if requested)
- travel insurance (highly recommended!)
- meals outside of those listed above (allow around AUD\$10/meal for each lunch and dinner). There is a small but nice menu at the resort, you can also have food delivered (we will have some menus on hand, or you can arrange a taxi and go out.
- bring your favourite stitching threads, sewing kit, any exciting fabrics you might like to use in your felting and other materials like beads you might like to incorporate in your necklace.





Accommodation Costs

(Australian/NZ clients please see pdf Australian Booking Form for AUD\$ prices)

twin share room US \$1690 (per person)

twin share villa US \$1850 (per person)

single supplement costs:

private room US \$2100

private villa US \$2350

Contact

please email Nancy (nancy@treetopscolors.com.au) or Nicole (nipabese@hotmail.com) for further information or queries

See below for pdf booking form to download



Retreat Schedule

Saturday, 30th July - Arrival Day

- 6pm gather in lobby of Taman Bebek Resort for a welcome drink
- 7pm leave for Laka Leke Restaurant for our welcome dinner and Dance performance

Sunday, 31 July

- 9-10am morning circle
- 10am-12:30pm visit the traditional Balinese home of Nicole's friends for lessons in palm leaf offerings making, playing traditional Balinese music and dance instruction.
- 1pm lunch delivery from Ubud restaurants at the resort
- 2-6pm Nuno felting with Nancy

Monday, 1 August

- 9am-12pm nature walk along a ridge overlooking two rivers to the beautiful Campuan temple
- 12-1pm lunch at local restaurant at the end of the walk
- 2-6pm Meditative Bead making with Nancy

Tuesday, 2 August – Free Day

Talk with Nicole to arrange a visit to a local healer, a trip to the Elephant Park, white water rafting or arrange a day of pampering.

Wednesday, 3 August

- 9am-12pm Group 1: Batik and Indigo dyeing at Threads Of Life studio. Group 2: Silver smithing at Studio Perak in Ubud
- Lunch Group 1: Balinese lunch at Threads Of Live Studio, Group 2: Restaurant in Ubud.
- spend the afternoon making Meditative Adornments with Nancy and Nicole

Thursday, 4 August

- 9am-12pm Group 1: Silver smithing at Studio Perak, Ubud Group 2: Batik and Indigo dyeing at Threads Of Life studio
- Lunch Group 1: Restaurant in Ubud. Group 2: Balinese lunch at Threads Of Life studio
- spend the afternoon making Meditative Adornments with Nancy and Nicole

Friday, 5 August

- spend the morning visiting a few of Nicole's favourite local textile & bead shops in Ubud
- spend the afternoon making Meditative Adornments with Nancy and Nicole
- Join us for a farewell dinner at a restaurant close to the resort

Saturday, 6 August – Departure Day

- Check out time before noon





More about our accommodation

Taman Bebek Resort, Ubud

“A true boutique hotel in the heart of Sayan village, Taman Bebek offers amazing value at one of the best locations in the Ubud area, nestled betwixt the five-star international brands on the prestigious Ayung River gorge. Created under the close supervision of Made Wijaya, Bali’s legendary designer, the hotel offers traditional bungalow accommodations that hark back to the prewar heyday of the Ubud art colony and four comfortable new contemporary suites. Every room is unique, finished with Wijaya’s heart-lifting blend of classic tropical design and enlightened whimsy, with handcarved furniture and fabrics in vibrant colors you’ve never seen before. Just beyond the visitor’s terrace or balcony beckons a lush riot of a tropical garden, artfully orchestrated to guide the eye to the natural masterpiece of the gorge. Minutes from central Ubud, Sayan now has a choice of fine restaurants and shops which makes it possible to go for days without getting into a car.” – Jamie James, CONDE NAST TRAVEL GUIDE 2011

I think that pretty much says it all... what a lovely spot for a retreat! To view more pictures of the resort and rooms plus anything else you may want to know, please visit their website at: <http://www.tamanbebekbali.com/>.

A few of Nancy's Bead Meditations

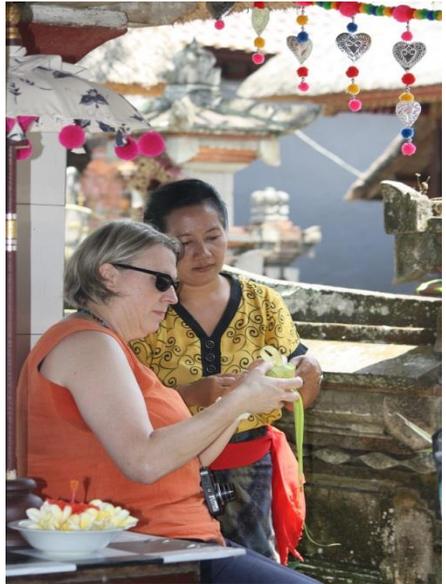


treetops colour harmonies





Bali 2015





Bali 2015





Bali 2015



A few testimonials...

“Yes, it is hard to be back – I really did enjoy every minute of my time in Bali with you and Nicole. If I could have, I would have turned around and got back on the plane!!!!” Kerry 2015

“We were really lucky with the nice group of ladies, it was something special, I have never done before and I don’t mind doing it again. Thanks for all your patience, I learned a lot.” Heike 2015

“Many thanks for such a great retreat. We relaxed on the beach before our flight home. Such great memories and knowledge of new things learnt. Spent my hours at Darwin airport stitching all (the) beads I had cut out.” Gini 2015