

# *Natural Rhythms*

## *Nuno Felting Garment Workshop*

### *Single Infinity Loop, Double Infinity Loop, and Infinity Poncho*

*4, 4.5 or 5 day workshop by Nancy Ballesteros, Perth, Western Australia  
Recommended skill level: Advanced Beginner to Advanced felter*

It has been recognised that certain proportions keep showing up in things we consider beautiful - a *Natural Rhythm* that our human brain finds especially visually pleasing. Mathematicians have written books; Leonardo Da Vinci used it when he painted *Mona Lisa* – The Golden Ratio, Fibonacci's numbers... How could all this help you with your creativity?

In this workshop you will explore simple, practical ways to apply this powerful design principal to your nuno felting. It is an amazingly easy way to obtain visually pleasing outcomes – no maths is required! Using these principals you can choose to create a design that has 'structured' linear lines (stripes) or create more rhythmical 'organic' lines. Students are able to choose what they would like to create from a versatile selection of patterns including a Single or Double Infinity Loop, or an Infinity Poncho, all are fully reversible as well.

Learn Nancy's newest technique of working with WET wool for making clear sharp lines while also learning to felt great superfine cloth. Please come with an open mind and spirit ready to learn how to work with wool in a very different manner - it will be challenging! Emphasis will be placed on QUALITY FELT. Specific fulling techniques will expand your felting skills.

Drawing from her 30+ years of designing colours, Nancy will also teach some practical ideas about designing with colour. She will help you develop your own colour language. Nancy will also share her No-Roll Felting Technique.

Below are a few images from projects using these techniques.

treetops colour harmonies



treetops colour harmonies





treetops colour harmonies



treetops colour harmonies





NATURAL  
RHYTHMS  
INFINITY PONCHO



[treetops.colour.harmonies.com.au](http://treetops.colour.harmonies.com.au)



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[treetopscolours.com.au](http://treetopscolours.com.au)

Nancy Ballesteros (Perth, Western Australia)

Nancy Ballesteros has passionately worked with fabric all her life. She spent most of her childhood sewing and painting and was introduced to spinning, felting and dyeing while at university studying Vet. Med. These elements quickly took over as her life's passion and in 1987 she hatched a fibre business called Treetops Colour Harmonies where she creates colour palettes on wool, silk fibres and fabrics. After moving to Australia in 1990 she immersed herself in the science of wool, attended a technical Wool Classing course, and is continually studying about the science of felting. She has now been designing colours for textiles for over 30 years. Since 2014 she has taught in Australia, Europe and the USA, mostly concentrating on unravelling the mysteries of working with Silk and superfine Merino. Nancy was instrumental in developing the technique of Silk 'Paper'. She has written about felting in numerous publications and participated in many workshops and master classes. [www.treetopscolours.com.au](http://www.treetopscolours.com.au), [www.facebook.com/treetopscolours](https://www.facebook.com/treetopscolours).